



## Invitation to the International Training Course organized by UMFI and ISCA

### Social Inclusion and Youth Participation In and Through Large-Scale Sports Festivals

5<sup>th</sup> – 12<sup>th</sup> July 2009, Akureyri – Iceland



*„Tell it to me and I will forget it, show it to me, and I will remember it,  
let me do it and I will know it.“*

**Confucius**

*This project is receiving support from the **European Youth Foundation**, **Icelandic National Agency of the Youth in Action Programme**, **UMFI** and **ISCA**.*

## Discussing large-scale sport festivals as tools for developing and promoting youth participation and social inclusion

### Objectives of the training course:

The International Training Course SET (Sport, Education and Training) gives young people the opportunity to meet in an international environment and:

- Demonstrate how large-scale sport festivals can be used to overcome political, social and cultural barriers and promote social inclusion:
- Explore how large-scale sport events can operate as tools for promoting social inclusion and youth participation:
- Exchange experience among youth leaders from different European Sport, Youth and Culture associations, active in the field of non-formal education, working directly with young people
- Develop knowledge, attitudes and competences for the positive use of sport events in an intercultural context
- Work in groups, taking on different roles such as leader or organiser, taking responsibility for carrying through tasks with others, facing up to challenges and taking decisions democratically
- Work on concrete follow-up activities from local to international levels and hereby multiplying the effects of the training.

### Methodology and programme of the seminar

The course will be based on the principles and practise of non-formal education and is conceived to allow a learner-centred approach taking into account the needs, interests and the experiences of participants. Time and space for active participation and exchange between working practices will be provided during the different workshops.

The main topic of the course will be ***“Social Inclusion and Youth Participation In and Through Large-Scale Sport Festivals”***. Participants will be given the opportunity to share, discuss, learn about and develop new ideas within this field. You are therefore more than welcome to suggest and contribute with ideas for activities. Participants will be strongly encouraged to organise own projects after the course as well as to transfer what they learned during the course to their respective groups/organisations.

## Profile of participants

- Young people involved at voluntary work in local, regional or national NGOs and Sport for All organisations.
- Young people not active in a formal NGO structure, but working in the field of education through sport or social inclusion.
- Young people with experience in or active working connections to large-scale grass-root sport festivals is an advantage.

Participants' age should be between 18-30. Applications can come from all Council of Europe members' states ([http://www.coe.int/T/e/com/about\\_coe/member\\_states/default.asp](http://www.coe.int/T/e/com/about_coe/member_states/default.asp))

## Financial conditions of participation

Participation fee is 50 euro along with a contribution towards travel expenses (see below).

The organizers will provide accommodation and food.

**Getting there:** All participants will be asked to meet up in Copenhagen, Denmark on the 5<sup>th</sup> of July. ISCA will organize overnight stay and travelling from Copenhagen to Akureyri on the 6<sup>th</sup> of July.

**Getting home:** ISCA will arrange for all participants to go by bus to Reykjavik on the 12<sup>th</sup> of July, from here participants can take a scheduled flight with the rest of the group to Copenhagen, from where they will be asked to arrange their own return flight. Alternatively, participants can stay longer in Iceland, if they organise their return travel by themselves.

The participants should arrange their own travel to and from Copenhagen. Organizers will refund up to 80 % of participants' total travel expenses (home country – Copenhagen – Iceland and return way.) Refunding will however **not exceed 450 euros**. The organizers will need to see all original tickets and receipts to be able to enable a refund. We encourage participants to make use of the cheapest methods of travel possible.

Travel details will be specified when participants are chosen.

## Participation fee

The participation fee for the seminar is 50 euro.

## Languages

The working language will be English. Applicants are requested to have good knowledge of English.

## **Application, procedure and selection of participants**

The call for applications will be closed on the 1st of May 2009.

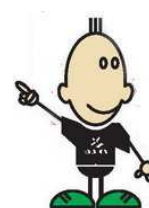
On the basis of the applications received UMFI and ISCA will take a final decision on accepted applicants.

Confirmation of participation will be send to participants latest by the 15th of May 2009.

Link to on-line application: <http://www.isca-web.org/english/events/settraining/>

## **Draft Programme**

5th of July	Arrivals in Copenhagen and welcoming of all participants
6th of July	Going to Akureyri from Copenhagen, social activities.
7th of July	Teambuilding and sports activities
8th of July	Social dimensions of sports and Intercultural dialogue
9th of July	Inclusion through large-scale sport festivals
10th of July	Development of new action plans
11th of July	Participation and Panel debate at the UMFI landsmót
12th of July	Departures of all participants



## **Some information about UMFI**

The Icelandic Youth Association (UMFI) was set up in 1907. It is a national federation of sports and youth associations and has about 90,000 members.

### **Cultivating people and country**

The slogan of UMFI is "Cultivating the people and the country". This implies that the whole operation of the movement is characterized by strengthening the individual socially and physically as well as showing care and respect for our environment and our country.

### **UMFI's main projects**

UMFI's main activities circle around national meetings and national youth sports meeting, youth and recreation camps, courses, conferences seminar and leadership education in Iceland and abroad, sport for older UMFI members, various publications and websites.

### **Want to know more?**

Please find more information on the UMFI website: [www.umfi.is](http://www.umfi.is)

## Some information about ISCA

The International Sport and Culture Association (ISCA) is an international association for sport, culture and youth organisations from all over the world. We strongly believe that everybody should have the opportunity to participate in international sports and cultural activities such as festivals, exchanges, seminars, tournaments and education programmes. We call it Sport and Culture for All.

## Sport and Culture in Civil Society

ISCA sees sport as more than just a mere activity for competition and health exercises. Inherent in sport is also recreation, games and leisure time and not least – the element of socializing and having a good time. Sport is instrumental in strengthening civic behaviour and a feeling of belonging to a society, which again leads to a strengthening of democracy in civil society.

## Aims of ISCA

ISCA was created with the purpose of:

- Promoting an understanding between people across borders through sports and cultural activities.
- Underlining the view of sport as a bearer of local, regional or national cultural identity, thereby placing it at the centre of international exchanges of ideas, opinions and cultural expressions.
- Encouraging the broadest possible participation of the affiliated members in sports and cultural activities within and outside their organisation.

## Want to know more?

Please find more information on the ISCA website: [www.isca-web.org](http://www.isca-web.org)

**Please note that the deadline for applications is: 1<sup>st</sup> of May 2009**

Applications coming after this date cannot be accepted.

